

# MIZZOUREC

## STAFF RECOGNITION WEEK

**MAY 20<sup>TH</sup>-MAY 24<sup>TH</sup>**

### **Monday May 20<sup>th</sup>**

- 12-12:45PM, Studio A, ZUMBA

### **Tuesday May 21<sup>st</sup>**

- 12-12:45PM, Outdoor Fitness Space, Outdoor Functional Fitness

### **Wednesday May 22<sup>nd</sup>**

- 7-7:45AM, Outdoor Fitness Space, Morning Mobility
  - 12-12:45PM, Studio C, Stress Reduction Yoga

### **Thursday May 23<sup>rd</sup>**

- 12-12:45PM, Outdoor Fitness Space, Outdoor Functional Fitness
  - 5:30-6:30PM, Studio C, Restorative Yoga

### **Friday May 24<sup>th</sup>**

- 12-12:45PM, Studio C, Stress Reduction Yoga



University of Missouri