SAC Salutes recognizes the MU Counseling Center. The department employs 28 full time staff including 10 licensed psychologists, social workers, and counselors; 9 office support and testing staff; 4 psychological interns; 4 clinical graduate assistants; 1 social work intern; and numerous proctors who assist with Testing Services.

In 1946, the counseling psychology program in the College of Education was reactivated and University Testing and Counseling Services were established. In additional to reactiving the counseling psychology program, Dean Ellis, Dean Townsend, and Vice President T.A. Brady made the decision to establish the Counseling Center with the purpose of providing service to the entire university community, not just to students.

The MU Counseling Center promotes the success and growth of individuals in the MU community and the campus as a whole, fostering personal, intellectual and psychological well-being. They provide a variety of counseling and mental health services to MU students, faculty and staff.

1.) Student Services provides mental health prevention, education, intervention, and crisis services to MU students. Additionally, they provide consultation to faculty, staff, students, and parents who are concerned about an MU student. Their prevention and education efforts include delivering programs and workshops for student groups, training faculty and staff on how to respond to a distressed student, and support at campus events that may be emotionally difficult for audience members.

2.) The Employee Assistance Program serves all employees, their families, and organizational work units. The EAP provides a variety of services to help employees influenced by a range of personal concerns or stressors. The EAP also assists work units and the larger organization to improve quality and productivity.

3.) Testing Services provides comprehensive test administration for members of the MU community and the wider central Missouri area. They offer a variety of paper-based and computer-based tests, including high school equivalency, admissions, placement, credit by examination, and credentialing for technical and professional fields.

MU Counseling Center serves to improve the lives of the students, faculty, and staff by improving mental health. This can lead to higher retention rates of students, better academic performance, improved relationships, and greater workplace satisfaction. Prevention and early intervention can decrease the impact of potential problems before they begin to interfere with people’s lives. Having these services on campus allow clients to be served more efficiently and enables our staff to respond quickly to any crises that may occur on campus. Because they are part of the Mizzou community, staff understand the unique needs of this campus and work collaboratively with many departments.

Thank you MU Counseling Center for all you do.